

The Hawk's Eye

Weekly News from Hope Elementary School



CAMP RIEVE FREE INDOOR CLIMBING NIGHTS!



FRIDAYS
1/12
2/9
3/8

6-8PM

BUCK BUILDING

42 RIEVE RD IN NOBLEBORO

FREE & OPEN TO EVERYONE!!

UPCOMING EVENTS

- Jan. 8th - HES Collaborative volunteer meeting (6PM in the library)
- Jan. 15th - No School (Martin Luther King, Jr. Day)
- Jan. 19th - Middle School Dance (7-9PM)
- Jan. 22nd - New Stem Club session (K-2)
- Jan. 22nd - HES School Committee meeting (6PM)
- Jan. 23rd - New Stem Club session (3-5)
- Feb. 12th - HES School Committee meeting (6PM)
- Feb. 19th - 23rd - Winter vacation
- March 11th - HES School Committee meeting (6PM)
- March 14th - End of 2nd trimester
- March 15th - No School (teacher workshop)
- April 8th - HES School Committee meeting (6PM)
- April 12th - Early Release (11:30 AM)
- April 15th - 19th - No School (Spring Break)
- May 2nd - Early Release (11:30AM) for parent/teacher conferences

HAPPY LUNAR NEW YEAR
year of the dragon

2024



Hope Elementary School Menu



January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
NO SCHOOL New Year's Day	Chicken Nuggets w/Fries Fruit/Veggies/Milk B: Cereal	Spaghetti w/Meat Sauce Fruit/Veggies/Milk B: Muffins	Meatloaf w/Mashed Potatoes Fruit/Veggies/Milk B: Fruit Salad	Pepperoni Pizza Fruit/Veggies/Milk B: Cinnamon Bread
8	9	10	11	12
Macaroni & Cheese Fruit/Veggies/Milk B: Mini Bagels	Hot Dogs w/Chips Fruit/Veggies/Milk B: Scones	Beef Chili w/Chips Fruit/Veggies/Milk B: Banana Bread	Chicken & Broccoli Stromboli Fruit/Veggies/Milk B: Cereal	Cheese Pizza Fruit/Veggies/Milk B: Muffins
15	16	17	18	19
NO SCHOOL Martin Luther King, Jr. Day	Crispy Chicken Sandwich Fruit/Veggies/Milk B: Mini Bagels	Soft Beef Tacos Fruit/Veggies/Milk B: Scones	Pancakes & Sausage Fruit/Veggies/Milk B: Cereal	Pepperoni Pizza Fruit/Veggies/Milk B: Fruit Salad
22	23	24	25	26
Ham & Cheese Sandwich Fruit/Veggies/Milk B: Muffins	Chicken, Broccoli & Rice Fruit/Veggies/Milk B: Cinnamon Rolls	Chop Suey Fruit/Veggies/Milk B: Banana Bread	Cheese Raviolis Fruit/Veggies/Milk B: Fruit Salad	Cheese Pizza Fruit/Veggies/Milk B: Cereal
29	30	31		
Cheeseburger w/Fries Fruit/Veggies/Milk B: Mini Bagels	Cheese & Pepperoni Stromboli Fruit/Veggies/Milk B: Muffins	Breakfast Pizza Fruit/Veggies/Milk B: Banana Bread		

Student meals are free.

Milk without a meal is \$.50

Adult meal: \$4

Breakfast (B) includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School
<https://k12paymentcenter.com>

Please note: effective Jan. 1st, 2024 the new price for milk is fifty cents.

WINTER STEM CLUB SESSION!

The winter session of the after-school Stem Club will start on Monday 1/22 (grades K-2) and Tuesday 1/23 (grades 3-5). Please sign up for the new session below. The club will meet in the yurt from 3-4PM on those days. Pickup will be at the yurt at 4PM.

[Stem Club Winter Sign Up](#)

Thank you to everyone who contributed to our Food and Toy drive. In December we delivered 440 pounds of food to the local food pantry, enough to feed 335 people for a week!



HES COLLABORATIVE PARENT VOLUNTEER

MEETING

MONDAY 1/8 @ 6PM - HES
LIBRARY

Come attend the parent meeting so that we can share information, collaborate, and build close cooperation in supporting the development of our children! Everyone is welcome!





***Hope, Appleton and Lincolnville PreK-8 schools
are looking for substitute teachers!***

Are you wanting to add a little something to your day? Do you enjoy working with students? ***School Union 69 is seeking Substitute Teachers in our Pre-K through 8 schools located in Hope, Appleton and Lincolnville.*** An energetic, positive attitude is a must, as well as good communication skills. We can accommodate applicants that may only want to work occasionally or applicants who wish to be in the classroom most every day!

Substitute teachers with at least 90 credit hours toward a bachelor's degree will be paid \$150.00 a day. Subs with no degrees will be paid \$125.00 a day.

Interested applicants should send a completed substitute application, CHRC (through the Maine Department of Education) documentation, resume, and transcripts to:

**Kate Clark, Superintendent of Schools, School Union 69
PO Box 539
Lincolnville, ME 04849**

To obtain an application, please go to union.fivetowns.net. Choose the Substitute Application, which is found in the Employment Information section under the District Information tab. Applications may also be obtained at the Superintendent's Office also. Please call Wendy at **763-3818** for more information.
EOE



Help Your Child Succeed In School: Build the Habit of Good Attendance Early

Did you know?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two every few weeks (and can equal 18 days very quickly)
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school-and themselves. Start building this habit so they learn right away that going to school on time, every day is important.

What You Can Do!

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Introduce your child to his or her teachers before school starts to help with the transition.
- Don't let your child stay home unless he or she is truly sick. Sometimes stomachaches can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious to go to school, talk to teachers, school counselors or other parents for advice on how to help your child feel more comfortable and excited about learning.
- Avoid medical appointments and extended trips when school is in session.

**Good attendance will help your child do well
in school, college and at work.**

For more info: Susan Lieberman at slieberman@countmeinmaine.org or www.countmeinmaine.org
This was adapted with permission from Attendance Works at attendanceworks.org



We want YOU!

To join the defending 2X
Regional Championship
CRMS Wrestling Team!



Wrestling is open to all students grades 5-8 at in the Fivetowns area (including HAL schools!). The season is between basketball and spring sports and competitions don't start until mid-February, so you still have plenty of time to ski as well!

Wrestling is a safe sport (fewer serious injuries per participant than soccer or basketball) that kids of all shapes and sizes can be successful in. Please come and give it a try!

Our first practice will be on Tuesday, January 16th at the High School 6:15 to 7:30. We will practice at the High School Tuesday and Thursday at these times through February 9. Practices will then be five days a week in the gym at CRMS Mon-Fri 4:00 to 5:30. The season ends on March 23rd with the league championship meet.

Sign up at: https://crms.fivetowns.net/athletics/sports_enrollment

Contact: Aaron Henderson aaron.henderson@fivetowns.net (207) 522-5252